

Creating your *Personal Vision* for the coming decade.

(LOOK AT CROWD)

As business, educational, non-profit and government leaders, we have seen Lenawee County come very far in the past 10 years. As I look across this group today we can say with pride that not only have we helped bring Lenawee County into a new reality but also our **own** lives. Driving up and down Occidental Highway, which I do, between Tecumseh and Adrian 3 – 4 times a day I used to be able to safely use my car phone. Now I can't since the road is bumper to bumper traffic all day long.

(LOOK AT CROWD)

In life we seem to go from a Getting Stage > to a Meaning Stage. First you get the things you need. You figure out what you need to do to provide for yourself and your family. Once you get what you need certain questions start popping up: Who am I? What does it all mean? How does it all come together? Thus we enter the meaning stage. This is a critical time.

As we look at the **next** 10 years we can either become satisfied with our own accomplishments or understand that there is no limit to where we can bring our selves and our community. The next **10 years** beckons us to not rest on our laurels but to look within and around us to define **our Personal Vision for the next 10 years**. Many of you have risen to the top in your field as owners or executives and this should be celebrated **but what, comes, next?** {P-pause} Certainly not death, but something even greater than what we have now. Let us define this - our next 10 year contributions to our souls our own community and beyond.

(LOOK AT CROWD)

In the world today we truly face infinite possibilities. Whatever we focus on, happens. The power of having a **Personal Vision statement** is that you can read it daily – weekly and with this focus your long and short term desires become a reality.

(LOOK AT CROWD)

The task is to define what it is you want? *What*, do you want to happen? How, do you desire to feel? What do you wish to do – to be? All of this is worthwhile spending time on. **The Personal Vision** defines where you want to be with all this and how you will get there.

A Personal Vision defines your souls desires.

It has been a great joy to me to see the soul becoming a huge subject in popular literature recently the book “Chicken Soup for the Soul” has given birth to 100’s of soul books. The self is the soul. This soul hunger illustrates the need that many of us are feeling for this food. What is this soul food? Counselor and Hypnotist Bryce Roekle says that, in his insights into the deeper part of the human psyche, what the inner self wants is usually profoundly very simple. *A walk in the woods, time with an old friend, to go to a certain place. There is a need for restorative time. Time in joyful celebration.* Feeding the soul what it really wants rather than drugging it and deenergizing it.

Each of us has unique soul desires that need to be defined –

(LOOK AT CROWD)

Are you taking time on things that are very satisfying to you? {P-Pause}

For some this could be as simple as taking time for a walk, a bubble bath, time creating art. Time with a loved one.

Is your life fulfilling {P-Pause} Are you happy? {P-Pause} If not, what would make you happy? {P-Pause} This is a good part of your **Personal Vision**. Let us now take some time right now together in our giant mastermind to look at these questions. Please turn your attention to the questions in the hand out on your table.

Closing Quotes:

You know poet Robert Bly once said:

Let the beauty we love be what we do.

There are 100’s of ways to kiss the earth.

- ***Robert Bly***

The Time before Death By Kabir

Friend, hope for the Guest while you are alive.

Jump into experience while you are alive!

Think...and think...while you are alive.

What you call "salvation" belongs to the time before death.

(LOOK AT CROWD)

If you don't break your ropes while you're alive,
do you think
ghosts will do it after?

So plunge into the truth, find out who the Teacher is,
Believe in the great sound!

Kabir says this: When the Guest is being searched for, it is
the intensity of the longing for the Guest that does all
the work.

Look at me, and you will see a slave of that intensity.

My personal Vision is to fulfill my souls desires in everything I do. To listen and feel the infinite intelligence flowing through me leading me to new and greater insights about this wonderful world. To stay grounded to earth, water and soul. To weekly plan ways to fulfill my souls desires. To connect to infinite intelligence, to gain from the experiences I am attracted to.

Personal Vision Worksheet

*Prepared by Mastermind Consulting Network, Inc Royd
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- 1. Where do you wish to be 10 years from now?*
- 2. What legacy do you want to leave behind?*
- 3. How do you desire to impact your community?*
- 4. What are things you would like to do more of that are really nurturing for you (see former Lenawee resident, Bryce Roekle's list for examples).*
- 5. What areas would you like to see improved in your marriage, family and other relationships?*
- 6. Pick out a word that encompasses a life that would excite you. How would you like to see this word used more in you life?*

7. *What do you really desire to see happen in your life? What do you really care about? What do you get emotional – strong beliefs about?*

Based on the above insights, put the key sentences together. State your Personal Vision as if it has already happened:

My Personal Vision is

Obviously, these items need to be meditated and reflected on. The minutes spent on this project can change a lifetime.

Making your Personal Vision a Reality.....

1. *Put your Personal Vision in a frame, using calligraphy or fancy letter fonts and read it daily. Go over it while you exercise, before you start your day.*
2. *Write down 100's of goals and ideas that support the accomplishment of your Personal Vision. Make a cassette tape with your Vision and all the goals you would like to accomplish in 2000 and beyond and listen to it through out the week.*
3. *Gain a mentor or coach to work with weekly or monthly to make commitments to and mastermind with.*

4. *Break down your Personal Vision into weekly and daily action steps tracked on a checklist.*

5. *Create affirmations to say to yourself while you drive that support your Personal Vision.*