

Soul Work Questions

1. As a child, we had tremendous dreams. Our purpose here is to reopen your dream machine. What are dreams you had a child as to what you would like to do in the future?
2. What's your purpose here on the planet?
- 3.

Life and Work Design

1. What is my heart's desire in life?
2. What are the essential qualities that give me a sense of belonging?
3. What would it take to start using the word "destiny" in the context of my own life and daily work?
4. How do I grant *magnificence* to my journey?
5. If I could imagine my own creativity in full flow, how do I imagine or anticipate it would show itself? What are some examples when it has?
6. What are my favorite ways of sabotaging myself?

7. What does “fire” feel like in my own life?

8. If I were asked to state the basic principles of my life in the simplest and clearest way possible, how would I articulate them?

9. How much does my daily work life bear towards these principles?

Life and Work Design

1. If I were asked to state the basic principles of my life in the simplest and clearest way possible, how would I articulate them?

How much does my daily work life bear towards these principles?

2. What do I really desire to see happen in my life? What do I really care about? What do I get emotional – strong beliefs about?

3. What give me a true sense of belonging? My family? The community that I serve and live? My industry? Is this important to me?

4. If ok, what would I say is my “destiny” here on this earth?

5. What would I say is really great about what I do in life and work? What are the results I give others or myself that really inspire me?

6. If I could imagine my own creativity in full flow, how do I imagine or anticipate it would show itself? What are some examples when it has?

7. What are my favorite ways of sabotaging myself?

8. What does “fire” and “passion” feel like in my own life? When am I really inspired and excited about what I am experiencing?